



Student Nutrition

Offered every day with your school breakfast & lunch: 100% fruit juice, low-fat white milk & fat-free chocolate milk.



CHS LUNCH

February 19-20



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Choices:	3	4	5	6	7
Breakfast Pizza, Sausage Biscuit, Fruit Parfait, Assorted Pastries, Cereal & Cheese, Bagel & Cream Cheese, and Cooks Choice	Chicken with Alfredo Sauce and Pasta Broccoli	Chicken Quesadilla Black Bean and Corn Salsa	Mandarin Orange Chicken and 'Fried' Brown Rice	Spaghetti with Meat Sauce and Bread Stick	Western Bacon Cheeseburger
Every day choice:	10	11	12	13	14 St. Valentine's Day
Menued Item PB & J Sandwich Deli Sandwich Spicy Chicken Sandwich	Home Made Chili and Macaroni and Cheese	Chicken Bacon Ranch Pizza	Chicken Caesar Salad Wrap (Chicken, Caesar dressing, romain lettuce, frenchies onions, shredded parmesan cheese wrapped in a tortilla)	Turkey Mashed Potato Bowl and a Dinner Roll	Cooks Choice and a Cookie
Additional Choices by Day:	17 President's Day	18	19	20	21
Monday/Wednesday/Friday	<h1>NO SCHOOL</h1>				
Pizza Crispy Chicken Sandwich					
Tuesday/Thursday	<h1>NO SCHOOL</h1>				
Cheeseburger Chicken Nuggets					
Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!	24 Corn Dog and Fries	25 Chicken Parmesan (garlic toast topped with crispy chicken & marinara sauce)	26 Chimichangas Pico de Gallo	27 Tornados Rice and Beans	28 Buffalo Chicken Pizza
Meal Prices Breakfast: 9th-12th grade - \$1.75 Lunch: 9th-12th Grade - \$3.25	2 March	3 March	4 March	5 March	6 March



PLEASE NOTE: Menu subject to change. This institution is an equal opportunity provider